



Grand Island Recreation Department



2021 Adult Daytime Fitness Friday Morning Zumba



w/ Certified Instructor Evelyn Falls
@ Community Center 3278 Whitehaven Rd. (Nike Base Complex)

45 Min. class for 4 Weeks
Starts November 12, 2021

Session 1

10:30am - 11:15am class

Certified Instructor *Beginners Welcomed*
Required: Indoor Sneakers, Water Bottle (optional), Mask if not fully vaccinated
COVID-19: NY State DOH & CDC Guidelines apply

Online Registration \$35 /Res. Participant or \$50 Non-Res

Registration and payment go to: <https://grandislandny.myrec.com>

Click on "programs"

Note: Be sure to check the website for complete program schedule