



Flag Football

What: Our flag football program is broken down into skills & drills for the first part of the night and then a scrimmage for the second half. Participants will learn different skills, offensive and defensive plays and receiving routes. Staff will run plays and routes as the QB to ensure everyone touches the ball. Participants are split up each evening into similar skill levels on different fields to help maximize learning and participation.

When: September 10th – October 10th

Ages 6 – 9 runs Thursdays

Ages 10 - 13 runs Tuesdays

Where: Nike Base field under the lights

Cost: Res: \$30.00; Non-res: \$60.00

Times: 6:00pm - 7:30pm

Registration Opens July 29th at 8:00am

Register at <https://grandislandny.myrec.com>

